

About this guide:

The 2003 Delaware County Women's Resource Guide is designed to be used as a reference for women of Delaware County and greater Philadelphia seeking services in a wide variety of areas. The guide was originally created in 1995 by Friends of the Delaware County Women's Commission. Since 1999 it has been updated every other year by The Center Foundation in collaboration with the Friends of the Commission and the Women's Commission. It is not intended to be a comprehensive guide for all concerns. Inclusion of agencies in this guide does not constitute endorsement nor does omission constitute disapproval by any of the collaborating organizations listed below.

If you are unable to find the information you need, try calling one of the Information and Referral numbers listed inside. Please help us keep the resource guide up to date by contacting The Center Foundation at 610-565-6171 or if you find that any of the phone numbers we have listed are incorrect, or if you would like your organization to be included in future editions.

The Center Foundation

**Friends of the
Delaware County
Women's Commission**

**Delaware County
Women's Commission**

The Center Foundation

The Center Foundation is a nonprofit created in 1994. The mission of the Foundation is to support people working together empowering people to fulfill their potential as productive, caring, and supportive members of our community. Since 1997 The Center Foundation has run WomenCare, a mentoring program for women going through difficult life transitions. In 2001 it started the Young Parents Support Network, a mentoring program for teen parents.

Friends of the Delaware County Women's Commission

Friends of the Delaware County Women's Commission is a non-profit, non-partisan, membership organization which strives to enable women and girls to gain the information and skills they need to achieve their personal and professional goals. We work to empower women and girls to realize their fullest potential and to provide leadership within their communities. We achieve our aims by aiding the work of the Delaware County Women's Commission, and by identifying, networking, and funding efforts which address issues affecting women and girls in Delaware County.

The Delaware County Women's Commission

The Delaware County Women's Commission was founded on October 15, 1985. Our purpose is to serve as a catalyst for change, study the needs of women and girls within the County and make recommendations to County Council on public policy issues.



Delaware County Women's Resource Guide
The Center Foundation
220 North Jackson St., Second Floor
Media, PA 19063

DELAWARE COUNTY

Women's Resource Guide

A quick reference guide for
women and their families

Developed By:

The Center Foundation



Friends of the Delaware County

Women's Commission



**The Delaware County
Women's Commission**

Printed Courtesy Of:



Fall, 2003



AIDS

ChesPenn Health Services 610-872-6131
 CHOICE AIDS 215-985-3300 or 215-985-3355
 Delaware County AIDS Network 610-522-0522
 Family and Community Service 610-566-7540

Adoption

Adoptions from the Heart 610-642-7200
 Bethany Christian Services 800-215-0702

Adult Basic Education

Chester YWCA 610-876-8226
 Even Start Family Literacy 610-565-4880
 Literacy Council 610-876-4811
 New Choices/New Options 610-359-5232
 W.A.W.A. 610-543-5022

Alcohol/Drug

Harwood House 610-853-3440
 Holcomb Behavioral Health Systems 610-363-1488
 Office of Behavioral Health 610-713-2480
 Women in Transition 215-751-1111

Child Day Care

Child Care info. Svs.(Toll Free) 800-831-3117
 Child Care Resource Developers 215-271-1267
 (Toll Free) 877-660-CCRD
 Child Care Works Helpline(Toll Free) 877-4-PAKIDS
 Head Start 610-647-1510

Emergency Assistance (Housing, Food, Fuel)

Community Action Agency
 Chester 610-874-8451
 Darby 610-583-9133

Red Cross
 Chester 610-874-1484
 Media 610-566-4580

Salvation Army
 Chester 610-847-4266
 Darby 610-583-3720

Employment

Delaware Co. Career Link
 Chester 610-447-3350
 Del. Cty. Community College 610-723-6002

Office of Employment and Training
 DCCC 610-723-1200
 Upper Darby 610-713-2200
 Women's Business Devel. Ctr. 215-790-9232

Family Centers

Chester 610-494-9280
 Lansdowne 610-532-2811

Family Shelters

Interfaith Hospitality Network 610-277-0977
 Wesley House 610-872-2611
 W.A.W.A. 610-543-5022

Financial and Credit

Consumer Credit Counseling 800-989-2227
 Consumer Protection 610-891-4865

Delaware Co. Assistance Office
 Chester 610-447-3015
 Darby 610-461-3800
 Social Security Admin. (Toll Free) 800-772-1213

Food

Central Del. Co. Food Center 610-325-0130
 Community Action Agency
 Chester 610-874-8451
 Darby 610-583-9133
 Food Stamps Helpline(Toll Free) 800-692-7462

Interfaith Food Coalition 610-874-4132
 Women, Infants, & Children 610-497-7666

Fuel

Delaware County Assistance Office
 Darby 610-461-3800
 Chester 610-447-3015

Healthcare**GENERAL MEDICAL ASSISTANCE**

ChesPenn Health Serv. 610-872-6131
 Delaware County MOMobile 610-713-0570
 Delaware County Medical Assistance
 Chester 610-447-3015
 Darby 610-461-3800
 Healthy Kids Helpline 800-986-KIDS
 Comm. Health. & Educ. Outreach 610-622-1292
 Delaware County Dept. of
 Intercommunity Health Coordination 610-891-5311

REPRODUCTIVE HEALTHCARE

CHOICE 215-985-3355
 Planned Parenthood
 Media 610-566-2830
 St. Davids 610-687-9410
 Yeadon 610-626-9482
 Reproductive Health & Counseling
 Center (RHCC) 610-874-4361

Housing

Chester Comm.Improvement (CCIP) 610-876-8663
 Chester Housing Authority 610-876-5561
 One Stop Shop 610-364-0312

Community Action Agency
 Chester 610-874-8451
 Darby 610-583-9133

Del. Co. Housing Authority 610-876-2521
 Del. Co. Weatherization Bureau 610-352-9851
 Media Fellowship House 610-565-0846

Immigrants, Refugees & Asylees

Welcome Center 610-734-7784
 Asylee Outreach Project 866-267-4600
 Center for New Americans 610-461-3932

Hispanic-Americans

Catholic Social Services 610-876-9183

English as a Second Language (ESL)

Crossroads Community Church 610-352-3130

Legal

Community Dispute Settlement 610-566-7710
 Delaware County Bar Assoc. 610-566-6625
 Del. Co. Legal Assistance 610-874-8421
 Office of Support Enforcement 610-891-4233
 PA Civil Law Clinic Ext. 2174 610-499-4000
 Senior Victim Services 610-627-2292
 Volunteer Income Tax Assistance
 (Toll Free) 215-861-1089
 Adult Probation and Parole Services 610-829-1040
 610-891-5305

Lesbian and Gay Network

William Way Community Center 215-732-2220
 Hotline 6-9pm 215-732-8255
 Women in Transition 215-751-1111

Mental Health Information and Services

CareLink Comm Support Svs. 610-626-6400
 Catholic Social Services 610-876-9183
 Catholic Social Services - Counseling 610-626-6550
 Child Guidance Resource C'ntrs 610-565-6000
 Daemion House 610-647-1431

Delco Office of Behavioral Health 610-713-2365
 Devereux 610-296-6841
 Elwyn, Inc. 610-891-2066 - or 610-891-2000
 Family and Community Service 610-566-7540
 NW Human Svs. Life Guidance Div. 610-534-3400
 Women's Resource Center 610-687-6415

Mental Retardation Information and Services

Catholic Social Services 610-328-7090
 Cerebral Palsy Association 610-328-5955
 Community Interactions, Inc. 610-328-9008
 Office of Mental Retardation 610-713-2400
 Devereux 610-296-6841
 Elwyn, Inc. 610-891-2066 - or 610-891-2000

Mentoring

Big Brothers Big Sisters 610-352-7255
 WomenCare Mentoring 610-565-6171
 Young Parents Support Network 610-565-6171

Parenting

Children and Youth Services Up Dby 610-713-2000
 Children and Youth Services Media 610-891-5258
 Child Abuse Reporting 610-891-5258
 Family Support Line 610-891-5275
 LaLeche League (Breast Feeding) 610-666-0359
 Parents Involved Network 610-713-9401
 Second Time Around Parents - Fam.
 and Community Svs. of Delco 610-566-7540
 Dad's Program 610-876-7665

Seniors

Office of Services for the Aging 610-713-2100
 Mid County Senior Services 610-353-6642
 Senior Victim Services 610-627-2292
 Supportive Older Women's Ntwk. 215-477-6000

Special Needs

Barrier Awareness 610-490-3972
 CareLink 610-626-6400
 Freedom Valley Disability Center 610-353-6640

Teen Parents

Amnion Crisis Pregnancy Center 610-525-1577
 Baby SPOC 610-876-7583
 Mothers' Home 610-583-4663
 Project ELECT/TAPP 610-447-3978
 TeenAge Pregnancy & Parenting 610-622-0211
 Supervised Independent Living 610-352-5593
 W.A.W.A. 610-543-5022
 Young Parents Support Network 610-565-6171

Transportation

FISH Medical Transportation 610-622-9752
 SEPTA Paratransit 215-580-7145

Volunteers

Retired & Senior Volunteer Prog. 610-565-5563
 United Way Volunteer Center 215-665-2474

Women's Associations

Asian American Women's Coalit'n 215-922-2156
 Business & Prof. Women (BPW) 610-566-5035
 Chester YWCA 610-876-8226
 Friends of the Delco Women's Comm 610-543-5022
 League of Women Voters 610-565-3164

EMERGENCY 24 HOUR HOTLINES**Child Abuse**

Child Abuse Line (Toll Free) 800-932-0313

Crisis Intervention/Suicide Prevention

Crozer Chester Med. Ctr 610-477-7600

Elder Abuse Hotline 610-713-2100

Domestic Abuse

Domestic Abuse Project of Delco 610-565-4590

Women Against Abuse 215-386-1280

Women in Transition 215-751-1111

Poison Control

215-386-2100

Police, Ambulance, Fire, Emergencies

911

Rape, Sexual Abuse, Incest

Women Against Rape 610-566-4342

Runaways

National Switchboard 800-621-4000

Parents Anonymous 800-448-4906

Substance Abuse (Toll Free)

800-662-HELP

**INFORMATION AND REFERRAL NUMBERS**

Bureau of Consumer Protection 800-441-2555

The Center Foundation 610-565-6171

Contact 215-879-4402

Del. Co. Women's Commission 610-713-2308

First Call For Help 215-568-3750

Friends of the Delaware County 610-543-5022

Women's Commission

PA Commission for Women 888-615-7477

U.S. DOL Women's Bureau 215-861-4860

Toll Free 800-379-9042

Women's Business Devel Ctr 215-790-9232

Women's Resource Center 610-687-6415

Women in Transition 215-751-1111

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